



ITALIAN PENCAK SILAT FEDERATION (FIPS) – APS

NATIONAL ACTIVITY REPORT

The Development of Pencak Silat in Italy

Reporting Period

January 2023 – June 2026

Submitted to the 10th Congress of the International Pencak Silat Federation (IPSF-PERSILAT)

Muggia (Trieste), Italy
June 2026

PREFACE

This **National Activity Report** has been prepared by the **Italian Pencak Silat Federation (FIPS) – APS** in response to the request of the International Pencak Silat Federation (IPSF-PERSILAT) for the 10th Congress.

The report presents an overview of the activities carried out in Italy between **January 2023 and June 2026**, highlighting the progressive development of Pencak Silat at national level and the establishment of the Italian Pencak Silat Federation (FIPS) – APS.

During this period, the Federation promoted technical education, instructor development, youth activities, cultural initiatives and cooperation with Italian Sports Promotion Organizations, contributing to the growth and visibility of Pencak Silat throughout the country.

This document also illustrates the organizational structure of the Federation, its institutional partnerships, the main activities undertaken during the reporting period and the strategic objectives for the coming years.

The Italian Pencak Silat Federation respectfully submits this report to IPSF-PERSILAT as evidence of its commitment to the development of Pencak Silat in Italy and to the promotion of the values of this traditional martial art.

PRESIDENT’S MESSAGE

Salam Pencak Silat,

It is my great pleasure to present the first **National Activity Report** of the **Italian Pencak Silat Federation (FIPS) – APS**.

The years between 2023 and 2026 have represented an important stage in the development of Pencak Silat in Italy. Through the dedication of instructors, athletes, volunteers and affiliated schools, we have strengthened our national network and laid the foundations for the establishment of our Federation.

During this period we organized instructor education courses, youth development activities, technical seminars, national meetings and cultural initiatives, while strengthening cooperation with Italian Sports Promotion Organizations and maintaining active relations with the international Pencak Silat community.

The establishment of the Italian Pencak Silat Federation represents not an end, but the beginning of a long-term commitment to promoting Pencak Silat throughout Italy while preserving its traditional, educational and cultural values.

On behalf of the Federation, I would like to express my sincere gratitude to the International Pencak Silat Federation (IPSF-PERSILAT), the European Pencak Silat Federation (EPSF), our affiliated schools, instructors, athletes, volunteers and all those who have supported the development of Pencak Silat in Italy.

We look forward to continuing this journey with enthusiasm, responsibility and respect for the principles that unite the international Pencak Silat community.

Sergio Postogna

President and Legal Representative

Italian Pencak Silat Federation (FIPS) – APS

1. THE ITALIAN PENCAK SILAT FEDERATION (FIPS) – APS

Background

The Italian Pencak Silat Federation (FIPS) – APS was established through the collaboration of instructors, schools and practitioners who have worked for many years to promote and develop Pencak Silat throughout Italy.

The Federation was created to provide a unified national structure capable of coordinating technical education, organizational development and the promotion of Pencak Silat while preserving its traditional values and cultural identity.

Today, the Federation represents a growing network of affiliated schools committed to technical excellence, education and cooperation.

Mission

The mission of the Italian Pencak Silat Federation is to promote Pencak Silat in Italy as:

- a sport;
- a traditional martial art;
- a cultural heritage;
- an educational tool for personal development.

The Federation supports instructor education, youth development, cultural initiatives and cooperation among affiliated schools while encouraging participation at national and international level.

Vision

The Federation aims to establish a strong national network capable of ensuring high-quality instruction, continuous technical development and effective cooperation among affiliated schools.

Its long-term objective is to contribute actively to the development of Pencak Silat in Italy while strengthening relationships with IPSF-PERSILAT and the international Pencak Silat community.

2. GOVERNANCE

The Italian Pencak Silat Federation (FIPS) – APS is governed by an Executive Board elected by the General Assembly of its members. The Board is responsible for the Federation's strategic development, technical activities, administration and institutional representation.

The current organizational structure reflects the Federation's commitment to transparency, shared responsibility and the sustainable development of Pencak Silat throughout Italy.

Executive Board

Position	Name
----------	------

President and Legal Representative	Sergio Postogna
Honorary President	Denis Brecevaz
Vice President	Luigi Esposito
Secretary General and Treasurer	Daniele Loss
Northern Technical Director	Francesco Desomaro
Board Member	Riccardo Bugliano
Board Member	Giuseppe Antonio Vena

The General Assembly also approved the Federation's organizational framework, defining operational responsibilities, administrative procedures and strategic objectives for the coming years.

3. NATIONAL STATUS

During the reporting period, the Italian Pencak Silat Federation carried out its activities in cooperation with **Italian Sports Promotion Organizations officially recognized by CONI (Italian National Olympic Committee)**.

These collaborations have enabled the Federation to organize educational programs, promotional events and technical activities throughout the country while expanding the visibility of Pencak Silat within the Italian sports community.

The Federation currently cooperates with:

- **ENDAS** – National Sports Promotion Organization.
- **CSEN** – National Educational Sports Center.

At the international level, the Federation maintains active relations with:

- **European Pencak Silat Federation (EPSF)**.
- **International Pencak Silat Federation (IPSF-PERSILAT)**.

These partnerships represent an essential element of the Federation's long-term development strategy.

4. ORGANIZATIONAL STRUCTURE

Between 2023 and 2026 the Federation progressively established a national network of affiliated schools operating in different regions of Italy.

The Federation's activities are based on close cooperation between instructors, affiliated clubs and volunteers, with particular emphasis on technical education and youth development.

Affiliated Schools

The Federation currently operates through affiliated schools located in:

- Trieste
- Ronchi dei Legionari
- Udine
- Ferrara
- Rome
- Naples

Federation Statistics (June 2026)

Indicator	Data
Affiliated Schools	6
Italian Regions	4
Cities	6
Registered Athletes	80
Qualified Instructors	10
Instructor Candidates	20
National Referees	Training Program to start in 2026

The education of referees and judges has been identified as one of the Federation's strategic priorities for the next four-year cycle.

5. NATIONAL ACTIVITIES (2023–2026)

Throughout the reporting period the Federation organized technical courses, educational seminars, promotional events, youth programs and cultural initiatives aimed at strengthening the national Pencak Silat community.

The following pages summarize the most significant activities carried out between January 2023 and June 2026.

5.1 TECHNICAL EDUCATION

Instructor education has been one of the Federation's highest priorities.

Training courses were organized in Trieste, Ronchi dei Legionari and Rome, bringing together instructors and practitioners from affiliated schools across Italy.

Special attention was devoted to:

- teaching methodology;
- technical standardization;
- traditional Pencak Silat principles;
- educational approaches;
- continuous professional development.

In January 2026 the Federation also organized a seminar dedicated to **Silat Bela Diri – O' Ong Maryono Macan Kumbang**, focusing on traditional techniques, instructional methodology and cultural heritage.

Main Activities

- Instructor Course – Trieste (2025)
- Instructor Course – Ronchi dei Legionari (2025)
- National Technical Course – Rome (March 2026)
- Bela Diri Seminar – Trieste (January 2026)

Achievements

- Strengthened the national technical network.
- Improved instructor qualifications.
- Established common educational standards.
- Expanded the Federation's technical development program.

5.2 PROMOTION OF PENCAK SILAT

Throughout the reporting period, the Italian Pencak Silat Federation actively promoted the discipline through public demonstrations, national events, educational programs and institutional partnerships.

These initiatives introduced Pencak Silat to new practitioners while strengthening cooperation with nationally recognized Sports Promotion Organizations.

Participation in events organized by **ENDAS** and **CSEN** significantly contributed to increasing the visibility of Pencak Silat within the Italian martial arts community.

Main Activities

- National ENDAS Meeting – Rome (December 2023)
- National ENDAS Meeting – Rome (2024)
- ENDAS Open Day – Rome (2025)
- CSEN National Martial Arts Event (November 2025)
- CSEN National Gathering (March 2026)

Achievements

- Increased public awareness of Pencak Silat.
- Strengthened institutional cooperation.
- Expanded opportunities for national promotion.
- Enhanced collaboration among affiliated schools.

5.3 SPORTING ACTIVITIES

Competitive activities represent an important stage in the technical and personal development of practitioners.

The Federation encourages participation in tournaments as an opportunity to apply technical knowledge, strengthen discipline and promote sportsmanship.

ENDAS Tournament – Rome

December 2023





In December 2023, athletes from the Italian Pencak Silat Federation participated in the ENDAS Tournament held in Naples.

The event provided valuable competitive experience, particularly for younger practitioners, allowing them to test their skills in a structured sporting environment while reinforcing the educational values of Pencak Silat.

Achievements

- Increased competitive experience.
- Development of young athletes.
- Strengthened sporting activities within the Federation.

5.4 YOUTH DEVELOPMENT

Youth development is considered one of the Federation's highest priorities.

Training programs, examinations, promotional events and diploma ceremonies were organized to encourage the technical and personal growth of young practitioners.

The Federation also places great importance on involving families, recognizing their essential role in supporting young athletes throughout their martial arts journey.

Diploma Ceremony – Naples 2024



The diploma ceremony held in Naples celebrated the achievements of students who successfully completed their technical examinations.

This event recognized commitment, perseverance and continuous improvement while encouraging young practitioners to continue their training.

Achievements

- Expansion of youth participation.
- Greater family involvement.
- Recognition of students' progress and commitment.

5.5 TRADITION, CULTURE AND ENVIRONMENT

Pencak Silat is not only a sport but also an important cultural heritage.

For this reason, the Federation promotes initiatives that combine technical training with cultural education and environmental awareness.

Summer Camp – Friulian Dolomites

June 2025



The Summer Camp organized in the Friulian Dolomites brought together practitioners from different affiliated schools for several days of intensive training in a natural environment.

The program included:

- traditional Pencak Silat practice;
- technical workshops;
- outdoor training sessions;
- cultural discussions;
- group activities.

Training in nature reinforced concentration, discipline and mutual respect while highlighting the traditional connection between Pencak Silat and the natural environment.

Achievements

- Promotion of traditional values.
- Strengthening of team spirit.
- Greater appreciation of Italy's natural heritage.
- Integration of technical and cultural education.

5.6 TECHNICAL EDUCATION EVENTS

Instructor Training Course

Trieste – January 2026



The Federation organized an advanced Instructor Training Course in Trieste dedicated to **Silat Bela Diri – O’Ong Maryono Macan Kumbang**.

The course focused on:

- technical applications;
- teaching methodology;
- instructional standards;
- preservation of traditional techniques.

Participants represented affiliated schools from different regions of Italy.

National Technical Course

Rome – March 2026



A national technical course was organized in Rome to continue the Federation’s instructor development program.

The event emphasized technical consistency, teaching quality and the sharing of best practices among instructors.

Achievements

- Continuous instructor education.
- Standardization of teaching methods.
- Strengthening of the Federation's national technical network.

Perfetto. Continuiamo con l'ultima parte del rapporto, mantenendo uno stile conforme ai documenti delle Federazioni Internazionali.

6. FOUR-YEAR REVIEW (2023–2026)

The period between January 2023 and June 2026 marked an important phase in the development of the Italian Pencak Silat movement.

During these four years, the Federation focused on building a solid organizational structure while promoting technical education, youth participation and institutional cooperation.

The activities carried out throughout the reporting period have strengthened the Federation's ability to coordinate affiliated schools and support the sustainable development of Pencak Silat in Italy.

Organizational Development

The establishment of the Italian Pencak Silat Federation (FIPS) – APS represents the most significant achievement of the reporting period.

The Federation successfully developed its administrative and technical structure while creating a coordinated national network of affiliated schools.

Main achievements include:

- Establishment of the Federation's governance.
- Creation of a national technical network.
- Development of administrative procedures.
- Strengthening institutional credibility.

Technical Development

Technical education has been the Federation's primary investment.

Instructor courses, technical seminars and continuous education programs have contributed to the professional growth of instructors and the standardization of teaching methods across affiliated schools.

By June 2026 the Federation included:

- **10 qualified instructors**
- **20 instructor candidates undergoing technical education**

A national referee and judges' education program has been scheduled to begin during the next four-year cycle.

National Growth

The Federation currently operates through affiliated schools located in:

- Trieste
- Ronchi dei Legionari
- Udine
- Ferrara
- Rome
- Naples

This network provides a solid foundation for the continued expansion of Pencak Silat throughout Italy.

Promotion and Cultural Activities

The Federation successfully combined:

- technical education;
- sporting activities;
- youth programs;
- cultural initiatives;
- institutional cooperation.

Participation in ENDAS and CSEN events, together with summer camps and instructor education programs, significantly contributed to the promotion of Pencak Silat nationwide.

7. STRATEGIC OBJECTIVES (2027–2030)

During the next four-year period, the Italian Pencak Silat Federation intends to further strengthen its organizational structure and expand its activities.

The Federation has identified the following strategic priorities.

Organizational Development

- Expand the national network of affiliated schools.
- Strengthen regional coordination.
- Improve administrative and technical services.

Technical Education

- Increase the number of qualified instructors.
- Launch the National Referee and Judges Education Program.
- Organize annual instructor development seminars.
- Promote continuous technical education.

Sporting Activities

- Organize national championships.
- Increase participation in international events.
- Support youth competitions.
- Encourage technical exchanges with foreign organizations.

Youth Development

The Federation will continue investing in programs dedicated to children and young practitioners by:

- expanding youth activities;
- strengthening cooperation with schools;
- promoting educational projects based on the values of Pencak Silat.

International Cooperation

The Federation intends to strengthen cooperation with:

- International Pencak Silat Federation (IPSF-PERSILAT);
- European Pencak Silat Federation (EPSF);
- National Federations affiliated with IPSF-PERSILAT.

International collaboration will remain a strategic priority for the development of Italian Pencak Silat.

8. CONCLUSIONS

The activities described in this report demonstrate the continuous growth of Pencak Silat in Italy during the period from January 2023 to June 2026.

The establishment of the Italian Pencak Silat Federation (FIPS) – APS represents the result of years of commitment by instructors, practitioners and volunteers who have worked together to build a structured national organization.

The Federation remains committed to promoting Pencak Silat as:

- a sport;
- a traditional martial art;
- an educational discipline;
- an important cultural heritage.

Through education, institutional cooperation and continuous technical development, the Federation will continue supporting the growth of Pencak Silat in Italy while contributing to the international Pencak Silat community under the guidance of IPSF-PERSILAT.

ACKNOWLEDGEMENTS

The Italian Pencak Silat Federation (FIPS) – APS expresses its sincere gratitude to:

- **International Pencak Silat Federation (IPSF-PERSILAT);**
- **European Pencak Silat Federation (EPSF);**
- **ENDAS;**
- **CSEN;**
- all affiliated schools;
- instructors and technical staff;
- athletes and practitioners;
- volunteers;
- families supporting the development of Pencak Silat in Italy.

Their commitment, dedication and cooperation have made the achievements described in this report possible.

CONTACT INFORMATION

Italian Pencak Silat Federation (FIPS) – APS

Registered Office
Via Alessandro Manzoni, 3
34015 Muggia (Trieste)
Italy

President and Legal Representative
Sergio Postogna