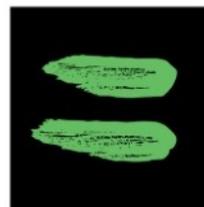




EDUCATION FOR SPORT INTEGRITY ANTI DOPING DIVISION FOR PENCAK SILAT ROAD TO OLYMPIC

dr.Pande Putu M.Gizi SpGK(K) AIFO-K CISSN FACSM



**WORLD
ANTI-DOPING
AGENCY**



GLOBAL ANTI DOPING ORGANIZATION CHART



CAS



Labs

GLOBAL ANTI DOPING ORGANIZATION CHART



CAS



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WADA

The Code

WADA & the Code

The World Anti-Doping Agency (WADA) is the international, independent organization monitoring the global fight against doping in sport and the custodian of the World Anti-Doping Code (Code). WADA oversees and works in cooperation with a network of stakeholders, each of which has its own specific set of roles and responsibilities.

Its key activities include scientific research, education, development of anti-doping capacities, and the monitoring of the Code.



INTERNATIONAL
OLYMPIC
COMMITTEE

ETHICS

2020



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2020 Edition

© International Olympic Committee

Château de Vidy – C.P. 356 – CH-1007 Lausanne/Switzerland
www.olympic.org/ethics-commission



Introduction to the IOC Code of Ethics

Rule 22 of the Olympic Charter IOC Ethics Commission

1. The IOC Ethics Commission is charged with defining and updating a framework of ethical principles, including a Code of Ethics, based upon the values and principles enshrined in the Olympic Charter of which the said Code forms an integral part. In addition, it investigates complaints raised in relation to the non-respect of such ethical principles, including breaches of the Code of Ethics and, if necessary, proposes sanctions to the IOC Executive Board.
2. The chair and members of the IOC Ethics Commission are elected by the IOC Session, in a secret ballot, by a majority of the votes cast.

Bye-law to Rule 22

1. *The composition and organisation of the IOC Ethics Commission are provided for in its statutes.*
2. *Any modification of the IOC Code of Ethics, the statutes of the IOC Ethics Commission and any other regulation and implementing provisions emanating from the IOC Ethics Commission is submitted for the approval of the IOC Executive Board.*



Rule 59 of the Olympic Charter Measures and sanctions

In the case of any violation of the Olympic Charter, the World Anti-Doping Code, the Olympic Movement Code on the Prevention of Manipulation of Competitions or any other regulation, the measures or sanctions which may be taken by the Session, the IOC Executive Board or the disciplinary commission referred to under 2.4 below are:

1. In the context of the Olympic Movement:
 - 1.1 with regard to IOC members, the Honorary President, honorary members and honour members:
 - a) a reprimand, pronounced by the IOC Executive Board;
 - b) suspension, for a specific period, pronounced by the IOC Executive Board. The suspension may be extended to all or part of the rights, prerogatives and functions deriving from the membership of the person concerned.

The above-mentioned sanctions may be combined. They may be imposed on IOC members, the Honorary President, honorary members or honour members who, by their conduct, jeopardise the interests of the IOC, also regardless of any specific violation of the Olympic Charter or any other regulation.
 - 1.2 with regard to IFs:
 - a) withdrawal from the programme of the Olympic Games of:
 - a sport (Session),
 - a discipline (IOC Executive Board),
 - an event (IOC Executive Board);
 - b) withdrawal of provisional recognition (IOC Executive Board);
 - c) withdrawal of full recognition (Session).



Article 5

For hospitality shown to the Olympic parties, as well as those accompanying them, a sense of measure must be respected.

Article 6

The Olympic parties must refrain from placing themselves in any conflict of interests, and must respect the Rules Concerning Conflicts of Interests Affecting the Behaviour of Olympic Parties.

C INTEGRITY OF COMPETITIONS

Article 7

The Olympic parties shall commit to combat all forms of cheating and shall continue to undertake all the necessary measures to ensure the integrity of sports competitions.

Article 8

The Olympic parties must respect the provisions of the World Anti-Doping Code and of the Olympic Movement Code on the Prevention of the Manipulation of Competitions.



Article 9

All forms of participation in, or support for betting related to the Olympic Games, and all forms of promotion of betting related to the Olympic Games are prohibited.

Article 10

Participants in the Olympic Games must not, by any manner whatsoever, manipulate the course or result of a competition, or any part thereof, in a manner contrary to sporting ethics, infringe the principle of fair play or show unsporting conduct.

D GOOD GOVERNANCE AND RESOURCES

Article 11

The Basic Universal Principles of Good Governance of the Olympic and Sports Movement, in particular transparency, responsibility and accountability, must be respected by all Olympic parties.

Article 12

The Olympic resources of the Olympic parties must be used only for Olympic purposes.



Financial revenues should be distributed in a fair and efficient manner. A fair distribution of the financial revenues contributes to having balanced and attractive competitions. A clear and transparent policy for the allocation of the financial revenues is essential.

5.2 Equity

Resources should be distributed equitably. The equity in sport should be reinforced.

The right to participate in competitions should be encouraged and secured for those at an appropriate level for the athletes concerned.

The opportunity to organise large sports events should be open. The criteria for choosing venues for events should be fair and transparent.

5.3 Development

The development of partnership relations between different sports organisations in developing countries should be encouraged. The expansion of sports facilities in developing countries should be promoted.

Principle 6

Athletes' involvement, participation and care

6.1 Right to participate and involvement of the athletes in the Olympic and Sports Movement and governing bodies

The right of athletes to participate in sports competitions at an appropriate level should be protected. Sports organisations must refrain from any discrimination.

The voice of the athletes should be heard in sporting organisations.



6.2 Protection of athletes

Measures should be taken to prohibit exploitation of young athletes.

Athletes should be protected from unscrupulous recruiters and agents.

Cooperation with the government of the countries concerned should be developed.

Codes of conduct should be signed by all sport organisations.

6.3 Health

Sports organisation shall adopt rules for the protection of the athletes' health and to limit the risk of endangering the athletes' health (medical supervision, number of days of competition, pollution, etc.).

6.4 Fight against doping

Sports organisations shall fight against doping and uphold anti-doping policy.

Zero tolerance in the fight against doping should be encouraged in all sports organisations at all levels.

Sports organisations shall protect the athletes from doping in particular through prevention and education.

6.5 Insurance

Insurance in case of death or serious injury is to be recommended for all athletes and should be mandatory for young junior athletes.

Whenever and wherever possible, athletes should be provided with social security coverage.

Special insurance policies should be available for professional athletes.

The organisers of sports events should obtain adequate insurance coverage.

6.6 Fairness and fair play

Fairness and fair play are central elements of the competition. Fair play is the spirit of sport. The values of sport and friendship shall be promoted.



Article 3

Articles 7 to 10 of the IOC Code of Ethics

The texts are:

Article 7 of the IOC Code of Ethics

The Olympic parties shall commit to combat all forms of cheating and shall continue to undertake all the necessary measures to ensure the integrity of sports competitions.

Article 8 of the IOC Code of Ethics

The Olympic parties must respect the provisions of the World Anti-Doping Code and of the Olympic Movement Code on the Prevention of the Manipulation of Competitions.

Article 9 of the IOC Code of Ethics

All forms of participation in, or support for betting related to the Olympic Games, and all forms of promotion of betting related to the Olympic Games are prohibited.

Article 10 of the Code of Ethics

Participants in the Olympic Games must not, by any manner whatsoever, manipulate the course or result of a competition, or any part thereof, in a manner contrary to sporting ethics, infringe the principle of fair play or show unsporting conduct.



Article 4 Violations

For the purpose of the implementation of Articles 7 to 10 of the IOC Code of Ethics, the following conduct constitutes a violation of the Code of Ethics and of these Rules:

4.1 Betting

1. Betting in relation to any Olympic Competitions, whether the Participant is directly participating or not.
2. All forms of promotion of betting related to the Olympic Games.

4.2 Manipulation of sports competitions

An intentional arrangement, act or omission aimed at an improper alteration of the result or the course of a sports competition in order to remove all or part of the unpredictable nature of the sports competition with a view to obtaining an undue Benefit for oneself or for others.

4.3 Corrupt conduct

Providing, requesting, receiving, seeking, or accepting a Benefit related to the manipulation of an Olympic Competition or any other form of corruption.

4.4 Inside Information

1. Using Inside Information for the purposes of Betting, any form of manipulation of the Olympic Competitions or any other corrupt purposes whether by the Participant or via another person and/or entity.
2. Disclosing Inside Information to any person and/or entity, with or without Benefit, where the Participant knew or should have known that such disclosure might lead to the information being used for the purposes of Betting, any form of manipulation of Olympic Competitions or any other corrupt purposes.
3. Giving and/or receiving a Benefit for the provision of Inside Information regardless of whether any Inside Information is actually provided.





WADA

The Code

IOC, IPC, IFs

NOCs, NPCs, NFs

IOC. IPC. IFs

The International Olympic Committee (IOC) and the International Paralympic Committee (IPC) are responsible for the testing process, based on the Code, during the Olympic and Paralympic Games respectively, as well as sanctioning those who commit anti-doping rule violations during the Games. The IOC, on behalf of the sports movement, provides half of WADA's budget.

To be compliant with the Code, International Sports Federations (IFs), as well as all other sports organizations, must undertake three steps: Code acceptance, implementation, and enforcement. Code acceptance means that the IF agrees to the tenets of the Code. Implementation means that, following Code acceptance, the IF has amended its rules and policies to include the Code's mandatory articles and principles. Finally, Code enforcement means that the IF has amended its rules and policies and is enforcing them in accordance with the Code. Activities required of IFs by the Code include conducting testing at their competitions, having education and out-of-competition testing programs; and sanctioning those who commit anti-doping rule violations, as outlined in the Code.



WADA

The Code

IOC, IPC, IFs

Governments

NOCs, NPCs, NFs

NADOs, RADOs

NOCs. NPCs. NFs

IOC and IPC rules require that National Olympic Committees (NOCs) and National Paralympic Committees (NPCs) agree to implement the Code. In addition, according to the Code, IF rules should include the requirement that National Federations (NFs) be Code-compliant, and that these rules are enforced.



WADA

The Code

Governments

Government responsibilities in anti-doping are many. They facilitate doping controls and support national testing programs; encourage the establishment of “best practice” in the labelling, marketing, and distribution of products that might contain prohibited substances; withhold financial support from those who engage in or support doping; take measures against manufacturing and trafficking; encourage the establishment of codes of conduct for professions relating to sport and anti-doping; and fund anti-doping education and research.

Many governments cannot be legally bound by a non-governmental document such as the Code. Governments accordingly drafted and adopted the UNESCO International Convention against Doping in Sport to align their domestic policies with the Code. This first universal treaty against doping in sport entered into force in February 2007. Governments are now ratifying it individually.

Governments

NADOs, RADOs



WADA

The Code

IOC, IPC, IFs

Governments

NOCs, NPCs, NFs

NADOs, RADOs

NADOs, RADOs

National Anti-Doping Organizations (NADOs) are responsible for testing national athletes in- and out-of-competition, as well as athletes from other countries competing within that nation's borders; adjudicating anti-doping rules violations; and anti-doping education. WADA is working with stakeholders in areas of the world where there exist limited or no anti-doping activities to pool resources and develop Regional Anti-Doping Organizations (RADOs), so that all nations will be engaged in anti-doping programs by 2010.



WADA

The Code

Athletes & Entourage

Athletes may be part of the registered testing pool of an anti-doping organization (ADO): NADO, IF, and/or NF. It is the athlete's responsibility to provide whereabouts information to the ADO(s) so that he/she may be tested out-of-competition with no advance notice. Members of the athlete entourage (coaches, trainers, doctors, etc.) are also responsible for complying with the Code.

Athletes & Entourage

CAS

The Court of Arbitration for Sport (CAS) is an institution independent of any sports organization which provides for services to facilitate the settlement of sport-related disputes, through arbitration or mediation, by means of procedural rules adapted to the specific needs of the sport world. CAS is often referred to as "sport's supreme court." WADA has a right of appeal to CAS for doping cases under the jurisdiction of organizations that have implemented the Code.



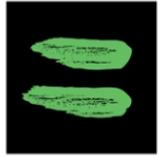
CAS



Labs

LABS

Laboratories that are able to analyze doping control samples under the Code must achieve and maintain accreditation from WADA, according to the criteria established in the International Standard for Laboratories and its related technical documents. The laboratories must also meet the standards established for the production of valid test results and evidentiary data.



**WORLD
ANTI-DOPING
AGENCY**

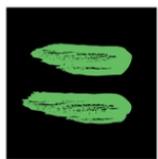


INTERNATIONAL PENCAK SILAT FEDERATIONS DOPING CONTROL REGULATIONS

**JUNE 2020
VERSION 2.0**

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**WORLD
ANTI-DOPING
AGENCY**



INTERNATIONAL PENCAK SILAT FEDERATIONS DOPING CONTROL REGULATIONS

**JUNE 2020
VERSION 2.0**

Doping is fundamentally contrary to the spirit of sport.

The IPSF is committed to providing a safe environment in which all individuals are treated with respect and dignity and where the priority is given to the safety and the wellbeing of all participants in the respect for everyone to enjoy its rights and Fair Play in the Competition

Scope of these Anti-Doping Rules

These Anti-Doping Rules shall apply to:

- (a) IPSF, including its board members, directors, officers and specified employees, and *Delegated Third Parties* and their employees, who are involved in any aspect of *Doping Control*;
- (b) Each of its *National Federations*, including their board members, directors, officers and specified employees, and *Delegated Third Parties* and their employees, who are involved in any aspect of *Doping Control*;
- (c) The following *Athletes, Athlete Support Personnel* and other *Persons*:
 - (i) all *Athletes* and *Athlete Support Personnel* who are members of IPSF, or of any *National Federation*, or of any member or affiliate organization of any *National Federation* (including any clubs, teams, associations, or leagues);
 - (ii) all *Athletes* and *Athlete Support Personnel* who participate in such capacity in *Competitions*, *Competitions* and other activities organized, convened, authorized or recognized by IPSF, or any *National Federation*, or by any member or affiliate organization of any *National Federation* (including any clubs, teams, associations, or leagues), wherever held;
 - (iii) any other *Athlete* or *Athlete Support Personnel* or other *Person* who, by virtue of an accreditation, a license or other contractual arrangement, or otherwise, is subject to the authority of IPSF, or of any *National Federation*, or of any member or affiliate organization of any *National Federation* (including any clubs, teams, associations, or leagues), for purposes of anti-doping; To be eligible for participation in *International Competitions*, an *Athlete* or *Athlete Support Personnel* or other *Person* must have accreditation issued by his or her *National Federation*. The IPSF license or accreditation will only be issued to *Athletes* or *Athlete Support Personnel* or other *Persons* who have personally signed the consent form as provided by the IPSF. All forms from *Minors* must be counter-signed by their legal guardians;] and

Each of the abovementioned *Persons* is deemed, as a condition of his or her participation or involvement in the sport, to have agreed to and be bound by these Anti-Doping Rules, and to have submitted to the authority of IPSF to enforce these Anti-Doping Rules, including any *Consequences* for the breach thereof, and to the jurisdiction of the hearing panels specified in Article 8 and Article 13 to hear and determine cases and appeals brought under these Anti-Doping Rules.¹

Within the overall pool of *Athletes* set out above who are bound by and required to comply with these Anti-Doping Rules, the following *Athletes* shall be considered to be *International-Level Athletes* for the purposes of these Anti-Doping Rules, and, therefore, the specific provisions in these Anti-Doping Rules applicable to *International-Level Athletes* (e.g., *Testing, TUEs, whereabouts, and Results Management*) shall apply to such *Athletes*:



WORLD ANTI-DOPING CODE
INTERNATIONAL STANDARD
PROHIBITED LIST
2025

This List shall come into effect on 1 January 2025.

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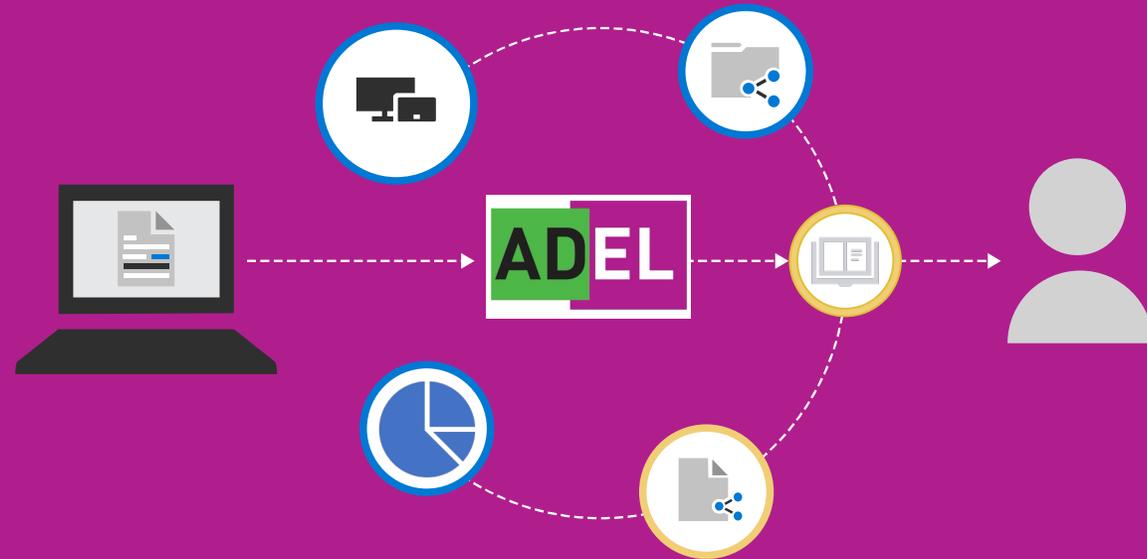
Please note that the list of examples of medical conditions below is not inclusive.

SUBSTANCES & METHODS PROHIBITED AT ALL TIMES	
S0 Non-approved substances	4
S1 Anabolic agents	5
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. male hypogonadism.	
S2 Peptide hormones, growth factors, related substances, and mimetics	7
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. anaemia, male hypogonadism, growth hormone deficiency.	
S3 Beta-2 agonists	9
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. asthma and other respiratory disorders.	
S4 Hormone and metabolic modulators	10
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. breast cancer, diabetes, infertility (female), polycystic ovarian syndrome.	
S5 Diuretics and masking agents	10
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. heart failure, hypertension.	
– M2 – M3 Prohibited Methods	12
ANCES & METHODS PROHIBITED IN-COMPETITION	
Stimulants	13
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. anaphylaxis, attention deficit hyperactivity disorders (ADHD), cold and influenza symptoms.	
Anarcotics	14
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. pain, including from musculoskeletal injuries.	
annabinoids	16
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. allergy, anaphylaxis, asthma, inflammatory bowel disease.	
ocorticoids	17
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. heart failure, hypertension.	
ES PROHIBITED IN PARTICULAR SPORTS	
β-blockers	19
Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. heart failure, hypertension.	
	20

Prohibited Subject to a **In-Competition** (at 11:59 p.m.) on participate until the **Prohibited** at all time as defined in the Code. **Specified** and non-**Specified** As per Article 4.2.2 of the W of Article 10, all **Prohibited Substances** identified on the **Prohibited List** unless it is specifically identified per the comment to the article, "t Article 4.2.2 should not in any way than other doping substances or methods which are more likely to have purpose other than the enhancement **Substances of Abuse** Pursuant to Article 4.2.3 of the Code, **Substances of Abuse** are identified as such because they are frequent in the context of sport. The following are designated as **Substances of Abuse**: diamorphine (heroin), methylenedioxymethamphetamine (MDA), and tetrahydrocannabinol (THC).

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World Anti-Doping Agency
Stock Exchange Tower
800 Place Victoria (Suite 1700)
PO Box 120
Montreal, Quebec
Canada H4Z 1B7

URL: www.wada-ama.org
Tel: +1 514 904 9200
Fax: +1 514 904 9201
E-mail: info@wada-ama.org



Welcome to



**ANTI-DOPING
EDUCATION &
LEARNING**





CERTIFICATE

Maryam Zuraimi

has successfully completed
International-Level Athletes Education Program (English)

1/22/2025

Amanda Hudson, Director of Education

Witold Bańka, President of WADA



#playtrue





google.co.id/search?q=adel+ama+wada&sca_esv=ce2bee5ef594bfe7&sxsrf=ADLYWIL5bvPmdiMPqoko5Kii66xaN1q5AA... ☆



adel ama wada



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WADADEL Platform
<https://adel.wada-ama.org> learn

WADA ADEL

People also ask

Apa itu Adel by Wada?

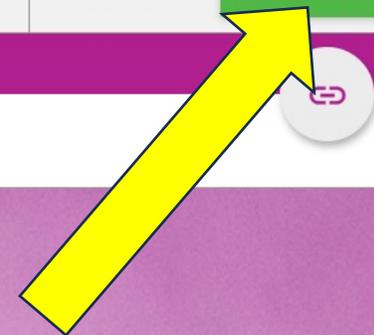
Apa itu sertifikat adel?

Apa kepanjangan dari wada?

Feedback

Google Play
<https://play.google.com> details

ADEL by WADA - Aplikasi di Google Play



Welcome to ADEL!

The global Anti-Doping Education and Learning platform. ADEL welcomes anyone who wants to learn about clean sport. Register and join ADEL to discover how we can support you. Together we can protect clean sport.

 Help



Register here



IMPORTANT: *The account of athletes under 16 must use a valid parent or guardian's email address. **For access to the CISP resources, please select the role: 05 - Anti-Doping Practitioners

1 User profile

2 Additional fields

Username (required)

Email (required)

First name (required)

Last name (required)

Password (required)

Retype password (required)

Language (required)

Time zone
(GMT +04:00) Asia/Dubai

Role
01 - Athletes

I read and understood the ADEL Privacy Policy and accept its terms. [View privacy policy](#) (required)

I read and understood the ADEL Terms of Use and accept them. [View terms and conditions](#) (required)

FILL THE REGISTRATION FORM FOR THE ATHLETE DATA INFORMATION

Select the Language

Select the Role

Help



Doping Practitioners

✓ User profile

2 Additional fields

Sport (required)

- Para-Nordic Skiing (FIS)*
- ParaVolley (World F...)*
- Pencak Silat**
- Poker (IFMP)*
- Pole sports (IPSF)*



Level in sport (Athlete) (required)

Discipline

Age range (required)

Already registered? [Sign in](#)

PREVIOUS

CANCEL

REGISTER HERE

🔍 Help

Register here



IMPORTANT: *The account of athletes under 16 must use a valid parent or guardian's email address. **For access to the CISP resources, please select the role: 05 - Anti-Doping Practitioners



User profile



Additional fields

Sport (required)

Pencak Silat

Level in sport (Athlete) (required)

International-level athlete (competing internationally - Major Games)

Country (required)

Gender

Course/Resource Language (required)

Children and school sport (Young children in sport at school or club)

International-level athlete (competing internationally - Major Games) ✓

National-level athlete (competing nationally - leagues or competitions)

Talented athlete (identified as talented/having)

Already registered? [Sign in](#)

PREVIOUS

CANCEL

REGISTER HERE

Help

Select the language for the Education

Select the International Level



Doping Practitioners

✓ User profile

2 Additional fields

Sport (required)
Pencak Silat ▾

Country (required)
Indonesia

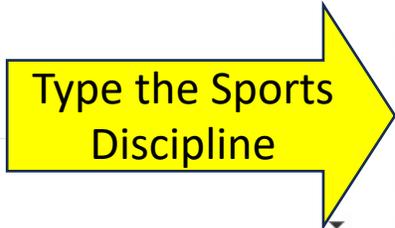
Gender
Male ▾

Course/Resource Language (required)
Bahasa Indonesian ▾

Level in sport (Athlete) (required)
International-level athlete (competing internationally - Major Games) ▾

Discipline
Combat 65 kg

Age range (required)
21-30 ▾



Already registered? [Sign in](#)

PREVIOUS

CANCEL REGISTER HERE

🔍 Help





- 1. Check to your email that you use for ADeL registered ?**
- 2. Open the inbox email, and check email from WADA**
- 3. Click the link in the email**
- 4. Go back to the AdeL website**



< Back

Welcome to ADEL Dashboard - Athlete Support Personnel



Welcome to ADEL Dashboard - Athlete Support Personnel

THE OPENING WINDOWS AFTER SIGN IN ADEL



[Click here for instructions on how to navigate your learning dashboard](#)

My Profile

AP

Agus Mahendera Pande Putu

Country: Indonesia

[CHANGE PASSWORD](#)

[MY ACTIVITIES](#)

[MY PROFILE](#)

Leaderboard

[BADGES](#)

[LEADERBOARD](#)

Your last awarded badges



7
My awarded badges



1250
My total points

[? Help](#)





< Back

Welcome to ADEL Dashboard - Athlete Support Personnel



Agus Mahendera Pande Putu

Country: Indonesia

CHANGE PASSWORD

MY ACTIVITIES

MY PROFILE

Your last awarded badges



7

My awarded badges

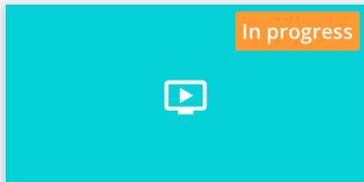


1250

My total points

My Education Program

16 Items



In progress

Global Learning and Development Framework - Training for anti-doping...

★ 5.0

E-learning



In progress

Sport Values Online for Adults

5 courses

Education Program

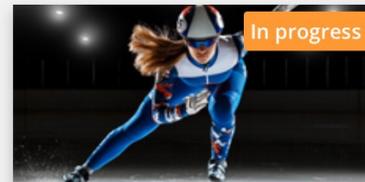


In progress

Selected The Course

19 courses

Education Program



In progress

International-Level Athletes Education Program (English)

2 courses

Education Program



Under the Spotlight

ADEL for Paris 2024 Olympic and Paralympics Games Courses

TAKE THE COURSE

What's new?

A new version of the ADEL Medical Professionals course is available

Help



In progress



In progress



Completed



Completed



International-Level Athletes Education Program (English)

Education Program



Education program description

This education program is tailored to the international-level athletes. It includes the ADEL for International-level Athletes course and the Athlete Guide to the 2021 Code.

The ADEL for International-level Athletes course includes many modules related to anti-doping and clean sport. You will also need to pass a final assessment. You will be asked to complete a learning experience survey to get your feedback and future improvements.

You will receive a certificate after completing both the course and the Guide.

[Show more](#) ▾

Courses in the Education Program

2 E-learning

	ADEL for International-Level Athletes (English) Mandatory EN E-learning <input type="radio"/> 5 of 14 lessons completed	RESUME ▾
	Athlete's Guide to the 2021 Code (English) Mandatory EN E-learning <input type="radio"/> 0 of 1 lessons completed	PLAY ▾



Progress ^

0 of 2 courses completed

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In progress

ADEL for International-Level Athletes (English)

EN | E-learning

RESUME LEARNING

Education Program Details ^

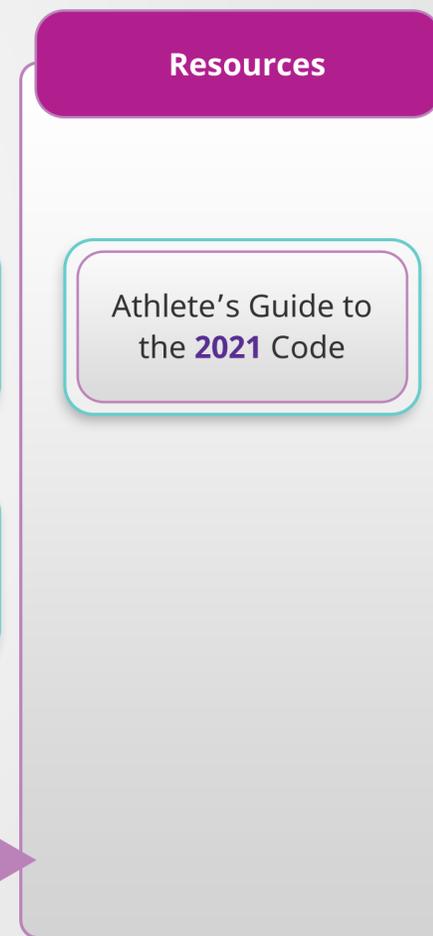
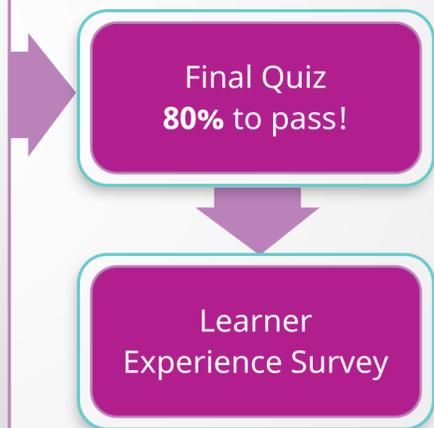
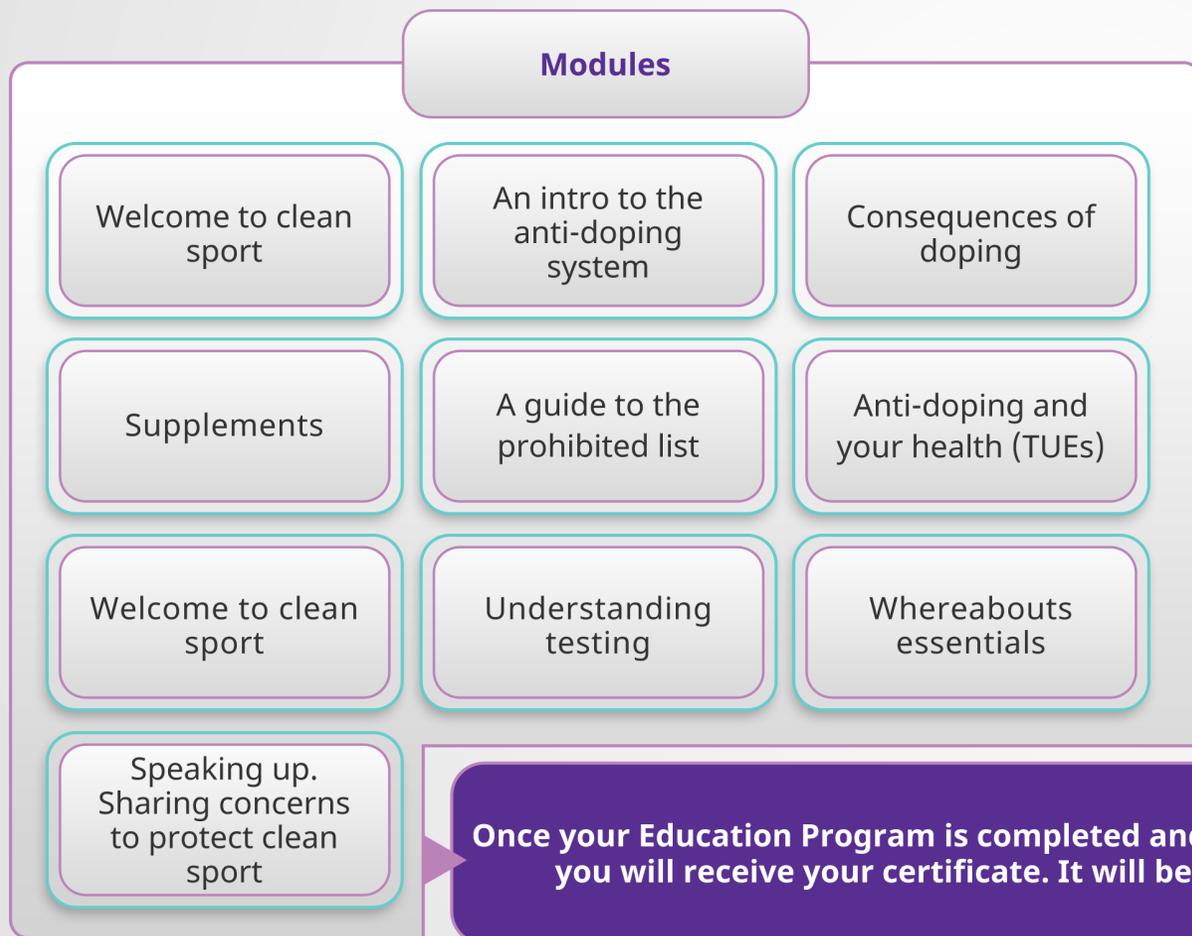
- Time to complete**
Unlimited access
- Learning plan ID**



EDUCATION PROGRAM

This contains everything that you need to do to get yourself educated!
All courses and resources need to be completed.

eLearning Course
An eLearning course includes a series of modules on different topics.
All modules in a course need to be completed.



ADEL for Registered Testing Pool Athletes (English)

E-learningEnglish ✔ Course completed

Download the Certificate

Download certificate

★ Rate now

Share

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Whereabouts essentials
SCORM

Completed
ADEL Learning Experience Survey (English)
Survey

Completed
Athletes and ASPs' factsheet on glucocorticoid
Slides
Athletes and ASPs' Factsheet on Glucocorticoid

Completed
Dried Blood Spot (DBS) Testing - The Basics
Slides

Syllabus

4 Lessons



< Previous lesson

Next lesson >



Well done! The course is completed.

You completed the course ADEL for Registered Testing Pool Athletes (English) on 02/16/2022 at 10:01 pm.

Retake the course

COURSE DETAILS

DESCRIPTION

REPOSITORY

Help



Course details

The ADeL CERTIFICATE



CERTIFICATE

Shifa Zuraimi

has successfully completed
National-Level Athletes Education Program (English)

1/28/2025

Amanda Hudson, Director of Education

Witold Bańka, President of WADA



#playtrue

The title in the Certificate is according to the ADeL education completed

The ADeL CERTIFICATE



CERTIFICATE

Maryam Zuraimi

has successfully completed
International-Level Athletes Education Program (English)

1/22/2025

Amanda Hudson, Director of Education

Witold Banka, President of WADA



#playtrue

The title in the Certificate is according to the ADeL education completed



- 1. The Education Modul always update every years, due to the Prohibited List Update and the Multi Event**
- 2. It's better to do the education using Personal computer, Laptop (Windows or Mac) or Smart Tablet (Android or IOS)**
- 3. If There any problems, please contact IPSF-PERSILAT Anti Doping division in email anti.doping.ipsf@gmail.com, or you can contact your National Anti Doping Organization (NADO)**